



# It's Our Nature

Newsletter of the Fox Valley Sierra Group [www.wisconsin.sierraclub.org/foxvalley](http://www.wisconsin.sierraclub.org/foxvalley) Vol. 06 Issue 1

## Upcoming Programs

### Feb. 9 • Restoration of the Fox River Locks System

Paul Srubas, reporter for the Green Bay Press Gazette, will present the facts of his investigation into the restoration of the Fox River Locks System. The 39-mile system consists of 17 locks with two guard locks. With the water level of Lake Winnebago 168.3 feet above Green Bay, these locks average a drop of approximately 10 feet each. The state of Wisconsin is hoping to reopen the locks as a Heritage Parkway.

The Fox River Navigational System Authority and the Friends of the Fox organization see three reasons for resurrecting the locks system: recreation, tourism and history. A number of fishing clubs have opposed reopening the system out of fear of the sea lamprey and other invasive species.

### March 9 • Birds of Prey

Don Baumgartner and Pat Fischer along with 6 live birds of prey will visit us from the Wind River Wildlife Rehabilitation Center in New London. This is a great program for kids!

*Programs are held at 7:00 pm at  
Bubolz Nature Preserve on Lyndale in Appleton*

## Sierra Club Charts Direction for Next Five Years

### Smart, Safe, Clean Energy Future Top Goal

In November, the Sierra Club Board of Directors, taking its cue from the 765 Sierra Summit delegates who met in September, declared that the Club's top goal in the next five years is to "advance a smart, safe, clean energy future in the next decade."

The board approved a new set of three conservation initiatives for 2006-2010 - Smart Energy Solutions, America's Wild Legacy, and Safe and Healthy Communities.

Within the three conservation initiatives, the Conservation Governance Committee and the board approved seven short-term "areas of national concern" that the Club will work on in the next two years:

- Protect wildlife and habitats
- Protect wild and special places
- Protect water quality
- Promote clean electricity
- Reduce oil demand
- Stop the coal rush
- Protect our sensitive lands and waters

The board also ratified the delegates' picks for "capacities" to develop in order to build power (*Continued on back page*)



## **Finding Happiness** by Kelly Krupka (written at age 14)

Have you ever climbed a mountain  
to obtain a different view,  
Or to feel the cool winds blowing  
as you touch the skies of blue.

Have you ever wandered through the wood  
just listening to the trees,  
Or silently observed a fawn  
in meadows as it feeds.

Have you ever slept beneath the stars  
upon the cold hard ground,  
Or searched the sands from lands afar  
for treasures never found.

Have you ever run through fields of green  
pretending you could fly,  
Or skipped on rocks upon a stream  
from mountain springs on high,

Have you ever rafted rivers wild  
just like the trout in spring,  
Or watched the geese in straight rows filed  
in autumn airs on wing.

Have you lived your life for every day  
or dwelled upon your past?  
Get out into the great outdoors,  
find happiness at last.

## **From the Chair**

A couple of thoughts crossed my mind as I prepared to write my column. Our board of directors, including myself, enjoyed skipping a meeting over the holiday seasons. We are club leaders because we feel strongly about Sierra Club issues, but it still consumes our personal free time and we do appreciate "vacations". Yet, at the same time, environmental issues continue to happen.

The Arctic National Wildlife Refuge (ANWR) seems to have gained enough attention from the public to cause Congress to postpone oil-drilling initiatives. Sadly, the operative word is "postpone" since oil industry leaders have not yet abandoned their desire to drill for oil in beautiful and environmentally important places. It is not just the quest for oil in the Refuge but the fact that this is a precedent-setting policy that would make future exploitations easier for industry. Holiday or not, our members and friends must remain vigilant.

For the third year running, donations collected at our December holiday party were presented to the Gordon Bubolz Nature Preserve. This Preserve, the site of most of our meetings and several of our service projects, is deserving of our help. Over three years, we have helped raise more than \$1000. Mike Brandel, the Preserve's Director, spoke at our January meeting and shared some news about the Preserve. Seemingly everything outside its borders is expected to fall to urban sprawl within a few years, leaving Bubolz as an island.

I mention the plight of Bubolz because it is easy to forget about the jewels close to home. We tend to think about environmental issues out west in the Rockies, or in Alaska, or in the tropical rain forests, or in the boundary water lakes. These are clearly important places for the environment and for our

vacation enjoyment. But we must not forget that northeastern Wisconsin is also home to our own unique environments, and that these places very much need our help.

Our board of directors, following the December election where Jan Moldenhauer and Dale Schaber were re-elected, consists of 11 members. We are chartered to have 13 members. Please volunteer to be a part of our board.

Our outings chairperson makes sure that we have outings on our calendar so that we can enjoy the outdoors and find reason to want to do more. Our programs chair makes sure we have interesting and useful programs at our monthly meetings. Our conservation chair helps keep us focused on important environmental issues. Our political chair keeps tabs on how well our politicians are protecting the environment. Everyone has an important role in guiding our Group.

We are proud to note that one of our own, Penny Bernard Schaber, has decided to become a candidate for the Wisconsin State Assembly. Penny has long served leadership roles for our Group and for the State Chapter. Protecting the outdoors is clearly important to her.

We are moving our annual fundraiser, an auction, to our May 11 meeting. This is the one time each year that we ask our members to help with our budget, and it is the largest source of income for us. Please add this date to your calendar and plan to join us that evening.

Thanks for reading my comments. As leader of our group I welcome your feedback.

- Alan Lawrence, FVSG Chair  
[alan.lawrence@wisconsin.sierraclub.org](mailto:alan.lawrence@wisconsin.sierraclub.org)

# 'Serving on the Excom Is an Honor, Not a Burden'

by John Byrne Barry (from the Planet Newsletter)

**By broadening its search and seeking out community leaders with needed skills and connections, the North Star Chapter (Minnesota) has created a leadership mix that has helped it thrive.**

A couple years ago, tired of asking the same overcommitted activists to run for the excom, Clyde Hanson, Scott Elkins, and other North Star Chapter leaders decided to think bigger, and began asking community leaders and people with specific skill sets to be candidates - not just Club members, but people who would be willing to become members.

"We created a demand to be on the excom," says Hanson, a longtime forestry leader and chair of the nominating committee. "The Sierra Club is a prominent organization in Minnesota, with stature in the community. It's an honor to be on our excom."

The nominating committee specifically sought out people under-represented on their board; in the past few years they've added to their board a union organizer, an African American soccer mom, and a Republican lawyer. For this year's election, they asked a former state senator and an engineer who used to work for Ford on toxics issues.

The chapter was trying to strengthen their coalition with labor, so they asked Tara Widner, an organizer for the United Steelworkers, who they had worked with through the Wellstone Coalition, to run for the excom. They wanted to establish an environmental justice program, but had no African Americans on their board, so they recruited Sheila Williams Ridge, a preschool director and Girl Scout leader who had already worked with the chapter's Building Environmental Community Campaign. (She's also a soccer mom with four daughters—remember how important soccer moms are come election time.)

"Another 'minority' we didn't have," says Hanson, "was Republicans," so they asked Evan Rice, a lawyer and state coordinator for Republicans for Environmental Protection to run. "He's recruited some good people with board experience."

The nominating committee also made sure that candidates represented areas beyond the Minneapolis-St. Paul area. (Hanson is from the Lutsen on the Northwest shore of Lake Superior, closer to Canada than to the Twin Cities.)

Today Widner, Ridge, and Rice serve on an excom along with longtime volunteers like Chair Sharon Stephens

and former Chapter Director Ginny Yingling, making for a potent leadership mix that has helped the chapter thrive. The chapter, says Elkins, has 350 volunteers that participate every month, and over the past four or five years, about 7,500 volunteers have contributed to the Club's work.

Elkins says that all it took was planting the seed, "reminding ourselves that it's an honor to guide this important organization we're in."

The nominating committee took six weeks to winnow down a list of 40 possible candidates to slate of nine for the four excom slots. But what about high-profile community members who run, but don't win?

Hanson says that's no problem. "We give them board member tasks even though they aren't voting members. The organization can never have too many dynamic leaders."

## Re-elected!

Jan Moldenhauer and Dale Schaber were both re-elected to the Fox Valley Sierra Group Executive Committee.

## Buckthorn Year #6

by Sharon Duerkop

Thanks to an amazing group of committed volunteers, this year was a spectacularly productive one in clearing common/glossy buckthorn acreage at the Bubolz Nature Preserve. Volunteers from Bubolz, UW-Fox Valley, Master Gardeners and Fox Valley Sierra worked in a previously uncut part of the Preserve in a northeast section on both sides of Bear Creek. Take a hike out there now and you'll see quite a difference. It'll be interesting to see what native plants start to pop up this spring in place of the impenetrable buckthorn monoculture. Ordinarily one rain day is built into the project schedule and we needed it. In fact, we needed two and to keep the project moving, a second rain date was found so we could again provide 4 weekend days for volunteers to participate. Roughly 90-120 acres have now been treated at the Preserve.

I'd like to recognize the following Buckthorn Busters for their contribution to habitat restoration at the Preserve (the + indicates "swamp rescuers" who worked half of the days and the asterisk indicates "swamp heroes" who worked tirelessly every one of the project days):

David Bayer <sup>+</sup>	Alan Lawrence <sup>+</sup>	Cindy Smith
Mike Brandel*	Jenny Lee	Amie Vallard
Leo Butler	Bernie Meyer	Paul Veirauch*
Dave Cooley	Eric Neiswender	Shallin Veirauch
Sharon Duerkop*	Chantele Parkin	Dave Vicksta
Teresa Hall	Rachel Sanders	Dave Wege*
Dan Jansen	Penny Bernard Schaber	Megan Wilson

Check out the Preserve this summer to see the changes going on. In fall '06 we'll begin year 7 of making a difference in a natural treasure right in our own backyard. Come and join us.

YOUR MEMBERSHIP DOLLARS AT WORK

88.4¢\*

OF EVERY DOLLAR YOU GIVE TO THE SIERRA CLUB goes to the implementation of conservation programs.

\*Program: 67.5%

Public Education: .....10.5%  
Influencing Public Policy: ....44.6%  
Outdoor Activities: .....6.4%  
Chapter Programs: .....6.0%

\*Membership: 20.9%

Fundraising: 7.5%

General and Administrative: 3.4%  
Surplus: 0.7%



Explore, enjoy and protect the planet

## Nominate NOW!

Each year the Fox Valley Sierra Group solicits its members for nominations for an Environmental Award. We need input from you, the members, to identify deserving award recipients. We ask that each member think of someone deserving of this award and submit a nominating essay. The nominee's contribution to environmental improvement need not be earth-shaking. The purpose of the Environmental Award is to recognize and honor individuals, groups of individuals, or organizations that have achieved significant benefits to the environment from their efforts and contributions. The Environmental Award will consist of a plaque and a \$100 cash award to be presented at a regular meeting of the FVSG.

Persons making nominations must be current members of FVSG. Any individual or group may be nominated: for example, an informal group of individuals, a club, a company, a unit of government, or a nonprofit organization. Nominations must be submitted in essay form no more than 500 words in length. The nominating essay will describe the action or effort put forth, the

environmental benefits accruing thereto, and the contribution of the nominee to the effort or action; plus any other pertinent information.

The FVSG Board may appoint a committee of three or more to review the nominations and select those to be published in *It's Our Nature* along with a ballot. Each FVSG member may vote for one of the nominees or may vote to select none of the nominations. Normally the award will go to the one nominee receiving a plurality of the votes cast. In the case of a tie or near tie the board may elect to present more than one award, in which case the cash award would be split among the recipients.

Send your nominating essay to:  
Charles Paine  
N8172 Firelane 13  
Menasha, WI 54952-9650

Nominations must be received by May 1, 2006. Those selected by the reviewing committee will be published in the June newsletter along with a ballot for members to use to vote for the nominee of their choice.

# RUSTLE THE LEAF™

BY PONCÉ & WRIGHT

[www.rustletheleaf.com](http://www.rustletheleaf.com)



© 2005, GO NATUR'L STUDIOS, LLC. RUSTLETHELEAF.COM

# Trekkin' with Dale



## Start a Phenology Journal for 2006

We all observe changes in the weather and how plants and animals react to these changes. This year keep a phenology journal to record your observations. Once you start this journal you will be able to compare your observations from 2006 with what happens in 2007.

In your journal record the date and your observations. You are observing how plants and animals respond to the seasons, climate and local weather conditions.

What might you record?

### Winter

- When you first observed overwintering bald eagles flying over the open waters of the Fox River.
- Chickadees fluffing up at your bird feeder to keep warm on a cold winter day.

### Spring

- The last frost of the spring.
- Migration dates of birds moving through your area.
- Planting dates.
- Peak wildflower blooming dates.
- Ice off on a favorite fishing or camping lake.

### Summer

- Dates when you first picked blueberries, blackberries or raspberries on a hike.
- Butterfly or insect life cycles in your front or backyard.
- Date of the first mosquito bite.

### Fall

- First frost of the fall.
- Harvest dates of vegetables in your garden.
- Peak fall color in your area.
- Migration of birds.

For more information on phenology check out the Environmental Education for Kids (EEK!) website at: <http://www.dnr.wi.gov/eeek/nature/season/pheno.asp> .

## Winter Scavenger Hunt

While hiking, skiing or playing outdoors this winter use this Winter Scavenger Hunt to help your observation skills. Check off the items you found at this EEK! website: <http://www.dnr.state.wi.us/org/caer/ce/eeek/nature/winterhunt.htm> Various links provide more information on the scavenger hunt items.

## Nature Centers in Northeast Wisconsin

If the weather is too cold outdoors you might want to visit an indoor nature center. Zander Press in Brillion, Wisconsin has designed and printed a brochure about local nature centers entitled: Guide to Nature Centers of Northeast Wisconsin. The brochure has maps, telephone numbers, websites and brief information about the 17 nature centers located in Northeastern Wisconsin. Copies are available at your local nature center. Pick up a copy today!

Happy Observing!



**The "White Pelican"** There is a new internet blog for Green Bay environmentalists called the "White Pelican". It is a place for Green Bay environmentalists to share thoughts and information about sustainable lifestyles and political activism. Check it out, and then click on "comments" to join the discussion. The blog can be found at this address: <http://whitepelican.blogspot.com/>



## Food for Thought

The Environmental Working Group, a nonprofit research organization, offers a guide to pesticide levels in fruits and vegetables, based on data from more than 100,000 tests by the Department of Agriculture and the FDA. The EWG says that the lowest pesticide levels are found in asparagus, avocados, bananas, broccoli, cauliflower, sweet corn, kiwi, mangoes, onions, papaya, pineapples and sweet peas. (There were no detectable residues on 90% or more of most of those items.) The highest pesticide levels are found in apples, bell peppers, celery, cherries, imported grapes, nectarines, peaches, pears, potatoes, red raspberries, spinach and strawberries.



photo/Kevin Walsh

It's time for America to get smart about energy and be less dependent on dwindling oil reserves. We need to increase our use of clean, renewable energy sources like wind and solar power.

**Add your voice to protect the planet. Join the Sierra Club today.**

**Join today and receive a FREE Sierra Club Weekender Bag!**



My Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_  
 State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone # \_\_\_\_\_  
 email \_\_\_\_\_

[ ] Check enclosed, made payable to Sierra Club  
 Please charge my [ ] MasterCard [ ] Visa [ ] AMEX

Exp. Date \_\_\_\_/\_\_\_\_

Cardholder Name \_\_\_\_\_

Card Number \_\_\_\_\_

Membership Categories    INDIVIDUAL    JOINT

**INTRODUCTORY**     \$25

REGULAR     \$39     \$47

Contributions, gifts and dues to the Sierra Club are not tax deductible; they support our effective, citizen-based advocacy and lobbying efforts. Your dues include \$7.50 for a subscription to *Sierra* magazine and \$1.00 for your Chapter newsletter.

Enclose check and mail to: **F94Q W 1607 1**  
 Sierra Club, P.O. Box 52968, Boulder, CO 80322-2968



Explore, enjoy and protect the planet

# NATURE CENTER EVENTS & ACTIVITIES

## Bubolz Appleton

### Friday, February 3

**Moonlight Ski & Hike.** 5-8 PM.  
 Cross country ski our 1.5 mile candle-lit trail. Flashlight or headlamp recommended for remaining trails. Ski rental available for special rate of \$5/person. Trail fees (\$3) apply to nonmembers. Hot beverages available in Nature Center. Weather permitting. 920-731-6041.

### Saturday, February 11

**Beginner Cross Country Ski Instruction.**  
 Expert ski instructors will take you through the basic steps in learning how to cross-country ski and proper clothing to wear. Afterwards, practice on the Preserve's beautiful groomed trails. There will be an Adult ONLY session from 9-11 AM and a session for families (Kids 7+) from 1-3 PM. Cost: \$6/person. Ski rental is available for the special rate of \$4 (skis, boots & poles). Please call to register & reserve your ski equipment 920-731-6041.

### Saturday, February 18

**Going Paperless-Advanced Geocaching Class.**  
 9-11:30 AM. Topics covered: Pocket Queries, GSAK, cache list filtering, CacheMate, palm pilots, MS Streets & Trips, mapping strategies, route planning, and navigational units. Cost: \$5/person. Call 920-731-6041 to register.

### Saturday, March 4

**13th Annual Adopt-A-(Sap) Bucket.**  
 11 AM - 3 PM. Participants will decorate a pail with their favorite design. There will be demonstrations on how to tap a maple tree in the Preserve's sugar bushes and then the decorated buckets will be hung to catch sap throughout the 2006 sap season. An 8 oz. jar of maple syrup, pictures taken of you and your family with your bucket, a certificate of participation, and maple syrup sundaes included for \$15/bucket for members and \$20/bucket for nonmembers.

### Saturday, March 18

**25th Annual Maple Syrup Saturday.**  
 10 AM - 3 PM. Tours of the Preserve's syrup producing process begin with a hike through the woods for a look at the sugar bush. Last stop will be to see the final processing of the syrup for bottling. After the tour, guests will have the opportunity to taste fresh maple syrup on an ice cream sundae. Cost: \$10/family, \$3/adult, \$2/seniors & students, Members of the Preserve are FREE.

## Ledgeview Chilton

### Whenever There's Snow

**Snowshoe and XC-Ski Rental.** Available for individual day-use rental within the park when snow cover is adequate. No prior experience necessary for snowshoeing; staff will teach you. Snowshoe rental \$5/pair. Please call ahead for snow conditions. 920-849-7094. Cross-

country ski trails are groomed after major snowfalls. A \$2 trail donation assists in trail maintenance. Limited number of skis/boots available. Adult sizes 4-11. Rental: \$5/person.

### Sunday, February 5, 12 & 19

**Snowshoe Hikes.** 1 PM. Naturalist-guided hikes focusing on winter ecology. We'll teach you how to use snowshoes, and then we're off to find out what's going on in that quiet white world. Hikes can last 1-2 hours and travel through field and forest. Dress for the weather. If snow cover is inadequate, a boot hike will be offered instead. Cost: \$4/person (includes snowshoe rental)

### Saturday, February 4

**Guided Evening Snowshoe Hike.** 6:30 PM. Evening activities at the nature center are special because they are so rare: normally the park closes at dusk. On this night, visitors are invited to take a naturalist-guided snowshoe hike. Learn some constellations and warm up with hot cider afterward. Dress for the weather. Call ahead for snow conditions. Cost: \$4/person.

### Saturday, February 11

**Moonlight Ski.** 6:30 PM. Cross-country skiers are invited to enjoy our trails by moonlight and warm up indoors with hot cider afterward. Bring your own skis or call the nature center to reserve a rental pair (separate \$5 rental fee). Cost: \$4/person (includes trail fee)

### Saturday, March 4

**Natural Fibers & Fingerweaving.** 1 PM. Learn the historical preparation and use of basswood and cattail; find out about some simple natural dyes; and fingerweave a section of diagonal sash with yarn. Yarn provided. Chevron weave may be introduced if time allows. BRING A CLIPBOARD. Cost: \$3/person.

## Mosquito Hill New London

### Saturday, February 4

**Winter Family Fun Day.** Noon-3 PM. Great winter activities for the entire family: snowshoeing, ice bowling and other winter games, campfire, ice cream sandwich eating contest, food and beverage sales. Cost: \$7/car

### Saturday, February 11

**An Evening For Sweethearts.** 7-10 PM. Celebrate Valentine's Day with your sweetheart and be treated to a reception with beverages, hors d'oeuvres, snowshoe walk and a roaring campfire. Take home a small gift as a memento. Cost: \$30/couple. Registration and payment are required before February 7.

### Saturday & Sunday, February 18 & 19

**Winter Camping Made Easy.** 10 AM (Sat.) and 1 PM (Sun.) Food preparation, staying warm, modifying your present camping gear for cold weather usage and snowshoeing are just a few of the topics covered (Continued on back page)



# WINTER OUTINGS



## February 1 (Wednesday)

**Starlight ski/snowshoe on Green Bay.** Bring snowshoes or skis. Meet at Maureen's at 6 pm. We'll venture out on the Bay under the stars. (flashlights or headlamps are helpful). A crackling fire and chili supper will warm us after. Call by Monday, January 31, so I know how much chili to make. \$3 for chili & "fixin's", BYOB. *Maureen Birk 920-468-7252; 3381 Nicolet Dr. Green Bay (Call for directions).*

## February 11

**Cross Country Ski at Hartman Creek State Park** a few miles west of Waupaca. Hartman Creek has groomed trails for both classic and skate skiing. *Charlie Paine 920-739-1900.*

## February 24-26

**Cross Country ski in the Ironwood - Hurley area.** The Inn in Montreal, Wisconsin, just west of Hurley, has been reserved for our Group. We will be staying in the old Mining Offices in a historic mining town. We will ski in the area possibly at ABR Trails or in the National Forest in Michigan. While we visit, we will try and learn something about the long-term impacts of mining on the area. \$30 deposit is required, trip limited to 15 people. Skate skiing and Classical skiing available. *Penny Bernard Schaber at 920-739-6041 for details and reservation.*

## February 25

**John Muir Memorial Park restoration.** Help restore the oak savanna in John Muir's original sketch of his first American homestead. As a boy, Sierra Club founder John Muir cleared stumps around the same quiet lake where we'll flex our muscles. What vegetation changes are needed to recreate his sketch? (Oak savanna is one of Wisconsin's

rarest plant communities.) Wear warm clothes and gloves. Help cut and haul brush at Muir Park in Marquette County. Meet at 9:30 am. Bring a lunch and things to drink. We will have brush-burning fires on which to boil water for a beverage or roast a hot dog.

Muir himself spoke several times about wanting to preserve this area for posterity. Now we can enjoy a winter day while making that dream come true. Muir Park is located on the east side of Hwy F, half way between Portage and Montello. *Contact: John Reindl, 4514 Gregg Rd, Madison, WI 53705, (608) 238-0393, reindl@chorus.net or Ron Horn, West Bend, (262) 675-6747.*

## May 6

Ice Age Trail workday in Portage and Waupaca Counties. *Contact Dale Schaber 920-739-6041.*

## May 14-20 (week)

**Women's Northwoods Service Week.** Join other outdoorswomen in the beautiful north woods (near Minocqua, WI) to plant native shrubs, prepare remote camp sites for summer, and/or remove alien invasives from native forest ecosystems. Stay at a university research station with indoor beds, showers, kitchen and dining hall. Work four days and have one "layover day" to explore the area's hiking trails, rivers and waterfalls. One evening will be devoted to a discussion of local conservation issues with our DNR liaison. Moderately strenuous. Limit 8; cost \$165. This trip is jointly sponsored by the Central U.P. (MI) group, the Louisville, KY group, and the River Prairie, IL group. *For details and an application, Contact Sherry Zoars (906) 358-1110; thezoars@excite.com or Kate Cunningham (502) 339-1381;*

*kate.cunningham@juno.com. Please include your name, address, telephone number, and where you read about the trip.*

## June 3

Ice Age Trail workday in Portage and Waupaca Counties. *Contact Dale Schaber 920-739-6041.*

## September 23

Ice Age Trail workday in Portage and Waupaca Counties. *Contact Dale Schaber 920-739-6041.*

*More detailed outings information may be found on our website. Times and meeting locations of outings can change. Always check with a trip leader at least 24 hours before the outing. Upon arrival all participants must sign a Release of Liability form.*



by Dale Schaber

*Butch Siegel works on "corridor clearing" at Skunk/Foster Lake State Natural Area*

## WILDERNESS/FIRST AID BASICS CLASS

April 22 & 29 and Sept 9 & 16 • Bubolz Nature Preserve • 8 AM - 4:30 PM



This is a 2-day, 16 hour class. In this course you will learn to deal with medical emergencies when help is miles and hours away. Knowledgeable instructors from the Outagamie Chapter - Red Cross will prepare you for emergency situations that involve prolonged patient care in severe environments, with improvised gear. Topics include checking the scene, victim, and resources, caring for the victim long term, caring for wounds, abdominal injuries, extremity injuries, dealing with sudden illness, head and spinal injuries and evacuation planning and packaging the

victim for transport.

The class involves indoor and outdoor activities. Bring your own backpack or first aid kit for outdoor scenario practice on live "victims". Class is certified by the American Red Cross and Camper's Association. Lunch will be provided. Cost: \$100 includes three textbooks, lunch, and supplies.

DISCLAIMER: The preceding activity is not sponsored nor administered by the Sierra Club. The Sierra Club has no information about the planning of these activities and makes no representations or warranties about the quality, safety, supervision or management of such activities. They are published only as a reader service because they may be of interest to the readers of this publication.

(Next Five Years Continued)

and deliver conservation victories: (1) seek new allies and build coalitions, (2) create media visibility, (3) connect and build our communities to take action together, and (4) enlist public support by framing our messages around solutions.

More information on the three conservation initiatives and the seven short-term areas of national concern is found on this Sierra Club link: <http://www.sierraclub.org/planet/200601/fiveyearplan.asp>.

During the next two years Fox Valley Sierra Group Conservation Committee will work on developing activities that will support the three conservation initiatives and the seven short-term areas of national concern. If you would like to work with other interested Fox Valley Sierra Club members on these activities, please contact Dale Schaber at 920-739-6041 or by email at [dschaber@athenet.net](mailto:dschaber@athenet.net).



by Kelly Krupka

Winter Sunrise on Lake Winnebago

## Deadline...

for submitting materials for the next newsletter is March 4!

Anyone can submit articles, photos, poems, trip reports, etc.



*It's Our Nature* is printed on 50% recycled fiber, 30% post-consumer recycled, and should be recycled.

(Nature Center Events Continued)  
during this annual adventure. Four hot meals included. Cost: \$40/person, \$70/couple, or \$35/\$60 for FOMH. Registration/payment required by Feb. 10th.

### Saturday, February 25

**Build Your Own Lighted Plant Stand.** 9 AM - Noon. Get a jump on the gardening season by building your own light stand for starting plants. Cost: \$80/adults, \$72/students, seniors, FOMH. Registration/payment due by Feb. 10th.

### Saturday, March 11

**Willow Basketry Workshop.** 9 AM - 4 PM. Create your own rustic, rib-style basket. Cost: \$37/person or \$32/FOMH. Registration and payment are due before March 4.

### Saturday, March 18

MHNC kicks off a series of natural gardening programs with a vermicomposting presentation from 1-2:30 PM. The second program on "Getting the Most Nutritional Value from your Garden" will be held March 25.

## Navarino

Shiocton

### Saturday, February 4

**Winter Fun Day.** Open house 11 am - 3 pm. Winter games, activities, crafts, food, and free public snowshoe lessons.

### Saturday, February 11

#### Valentine Day Ski/Snowshoe Hike.

9 AM - Noon. Snowshoe hike and Valentine's Day surprise for all couples. Cost: \$15/couple.

### Sunday, February 12

**Nature Movie.** 2 PM. "The World of the Beaver". Pop and popcorn for a small fee. Donations accepted, no fee for the movie.

### Saturday, February 18

**Candle light Ski/Snowshoe/Sledding.** 5-7:30 PM. Cost: \$2 NNC members, \$4 Individuals, \$8 Families.

### Sunday, March 12

**Nature Movie.** 6:30 PM. "The Greatest Good" history of the U.S. Forest Service. Pop and popcorn for a small fee. Donations accepted.

### Saturday, March 25

**Bird Survey Info Session.** Time: TBA. Anyone interested in helping out with the Sandhill Crane count or the Navarino Bird Surveys should attend this planning session. Call for more information 715-758-6999.

### Friday, March 31

**Sandhill Crane hike.** 5:45-7 PM. Observe Sandhill Cranes as they fly into Pike's Pike flowage. Cost: NNC members FREE, Non members \$2, Families \$5.

#### Chairperson & Webmaster

Alan Lawrence 730-9515  
153 Northbreeze Dr, Appleton 54911-1224  
[alan.lawrence@wisconsin.sierraclub.org](mailto:alan.lawrence@wisconsin.sierraclub.org)

#### Farms, Romp in the Swamp & Trails

Nancy Brown-Koeller 830-6625  
N419 Mayflower Dr, Appleton 54914  
(Shawano) 715-524-2293  
[nbk04@sbcglobal.net](mailto:nbk04@sbcglobal.net)

#### John Muir Chapter Delegate

Jerry Sonnleitner 294-3597  
W1193 Mary St, Green Lake 54941  
[jerry.sonnleitner@wisconsin.sierraclub.org](mailto:jerry.sonnleitner@wisconsin.sierraclub.org)

#### Treasurer

Sally Peck 468-5986  
1646 Amy St, Green Bay 54302-2456  
[sally.peck@wisconsin.sierraclub.org](mailto:sally.peck@wisconsin.sierraclub.org)

#### Membership, Fundraising & Calendars

Diane Mandler 832-0612  
1801 W. Main St, Appleton 54911-4139  
[diane.mandler@wisconsin.sierraclub.org](mailto:diane.mandler@wisconsin.sierraclub.org)

#### Programs & Campus Contact

Jan Moldenhauer 231-3407  
1845 Wisconsin St, Oshkosh 54901-2274  
[jan.moldenhauer@wisconsin.sierraclub.org](mailto:jan.moldenhauer@wisconsin.sierraclub.org)

#### Newsletter Refunds & Secretary

Maureen Birk 468-7252  
3381 Nicolet Dr, Green Bay 54311  
[maureen.birk@wisconsin.sierraclub.org](mailto:maureen.birk@wisconsin.sierraclub.org)

#### Conservation, Write-Place, & IAT

Dale Schaber 739-6041  
815 E. Washington, Appleton 54911-5660  
[dale.schaber@wisconsin.sierraclub.org](mailto:dale.schaber@wisconsin.sierraclub.org)

#### Outings & Awards

Charlie Paine 739-1900  
N8172 Firelane 13, Menasha 54952-9650  
[charlie.paine@wisconsin.sierraclub.org](mailto:charlie.paine@wisconsin.sierraclub.org)

#### Newsletter Editor & WI Postmaster

Kelly Krupka 540-9139  
217 1/2 Congress St, Neenah 54130  
[kelly.krupka@wisconsin.sierraclub.org](mailto:kelly.krupka@wisconsin.sierraclub.org)

#### Communications & Media

Nancy Graham 738-7794  
26 S. Meadows Dr, Appleton 54915  
[nancy.graham@wisconsin.sierraclub.org](mailto:nancy.graham@wisconsin.sierraclub.org)

#### Ex Officio

Penny Bernard Schaber 739-6041  
815 E. Washington, Appleton 54911-5660  
[penny.schaber@wisconsin.sierraclub.org](mailto:penny.schaber@wisconsin.sierraclub.org)

#### Newsletter Distribution

Jackie Smith 832-0612  
1801 W. Main St, Appleton 54911  
[jackie.smith@wisconsin.sierraclub.org](mailto:jackie.smith@wisconsin.sierraclub.org)

#### Political & Email List

Rich Krieg 497-8004  
1440 Commanche Ave.  
Green Bay 54313-5938  
[rich.krieg@wisconsin.sierraclub.org](mailto:rich.krieg@wisconsin.sierraclub.org)